

A User Survey  
Of  
LadyBalance<sup>®</sup>  
Vaginal Tablets

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## Collection of Data

This study is based on data from an electronic questionnaire amongst 753 users of LadyBalance.

On 9th October 2009 an e-mail was sent to all customers who had purchased LadyBalance vaginal tablets in the Internet shop. The e-mail included an invitation to participate in a survey and a link to a web-based questionnaire. Moreover, the recipients were informed that when they returned the questionnaire they would automatically have the chance of winning a gift voucher to the value of DKK 1000 to a local restaurant. Reminders with links were forwarded to the users who had not answered the questionnaire one and two weeks after the initial e-mail message. The questionnaire was sent to 2950 customers all of whom had given their e-mail addresses when they purchased LadyBalance. Out of these 752 had completed the whole questionnaire or parts of it. 151 abstained from participating and 676 e-mail addresses were not in use. Disregarding the addresses that were not in use the overall response was 33 per cent. This is considered satisfactory since the addresses were collected over a period of several years and it was expected that some of the addresses would no longer be in use. There is no bias towards users who have a usable e-mail address.

## The Use of LadyBalance

Among the participants in the survey 24 have not used LadyBalance although they had bought the product or had ordered a free sample. The reason given for not using the product was primarily that their need had vanished before they received the tablets. The remaining 728 users were questioned about their use of LadyBalance.

As shown in Table 1 the majority of users applied 10 tablets or less per month, thus 23 per cent used two tablets or less per month while only 19 per cent used more than 10 tablets per month. The majority of them did not use LadyBalance daily.

**Table 1. Number of LadyBalance tablets per month the users apply (Number and percentage)**

	Number	Percentage
½ - 2 tablets	166	23
2½ - 5 tablets	189	26
5½ - 10 tablets	174	24
10½ - 20 tablets	83	12
20½ - 30 tablets	44	6
More than 30 tablets	6	1
Do not know	55	8
Total	717	100

**Table 2. Number of tablets used at a time (Number and percentage)**

	Number	Percentage
2 tablets	59	8
1 tablet	468	65
½ tablet	159	22
Less than ½ tablet	17	2
Do not know	14	2
Total	717	100

As seen in Table 2 the majority (65 per cent.) use one tablet at a time. 8 per cent of the users applied two tablets at a time while 24 per cent applied half a tablet or less when they used LadyBalance.

Table 3 shows when the users apply LadyBalance. It appears that only five per cent use the tablets continuously. Other users apply the tablets primarily when they observe a problem and have a reason for using LadyBalance (72 per cent). Though 21 per cent use LadyBalance regularly after menstruation, 12 per cent use it after intercourse and 10 per cent used it when sexual activity is anticipated.

**Table 3. Time when LadyBalance was used (Number and percentage)**

	Number	Percentage
Always	39	5
After menstruation	150	21
After intercourse	90	12
In Anticipation of sexual activity	69	10
When a problem is observed	527	72
Never	5	1
Do not know	16	2
Others	73	10

N= 675 users

Note: The users can select more than one answer and the percentages must not add up to 100.

Among the users in the survey 50 per cent bought LadyBalance once while 47 per cent bought the product more than once.

**Table 4. Number of times LadyBalance was purchased (Number and percentage)**

	Number	Percentage
Once	341	50
More than once	315	47
Do not know	21	3
Total	677	100

Table 5 shows the problems the users of LadyBalance wished to cure. It shows that the majority (73 per cent.) of customers have purchase LadyBalance for the purpose of reducing the problem of a fishy smelling discharge. 37 per cent have bought the product to improve problems related to itching or a smarting sensation. 18 per cent wished to reduce problems relating to a neutral smelling discharge and 16 per cent wished to improve their problems with dryness. Moreover, 2 per cent wanted to improve their lack of sexual desire and 1 per cent wished to improve their sexual endurance. Primarily mentioned under others are bad smell, itching and yeast. Not many users have mentioned sexual problems as their reason for purchasing LadyBalance.

**Table 5. Users' problems and reasons for purchasing LadyBalance (Number and percentage)**

	Number	Percentage
Discharge with a fishy smell	502	73
Discharge with a neutral smell	121	18
Itching/Smarting	258	37
Dryness	109	16
Lack of sexual desire	16	2
Lack of sexual endurance	5	1
Others	43	6

N=691

Note: The users can select more than one answer and the percentages must not add up to 100.

## Effects of LadyBalance

This chapter describes manner in which the customers experience the effects of LadyBalance after using it for one week, one month and one year, respectively. Among the users who have replied the questionnaire only 76 per cent have used the product more than one month and 49 per cent for one year or more. LadyBalance has a relatively good number of new customers and, at the same time, some customers only use the product on rare occasions and these users have difficulty in evaluating the effect after a year. The effects described are differentiated according to whether the customer has described the particular problem as a reason for purchasing LadyBalance.

### Effect on Discharge with a Fishy Smell

As shown in Table 5 a fishy smelling discharge is the problem most of the users tried to remedy with LadyBalance. Table 6 shows that among users who seek an improvement to this problem 62 per cent have experienced a 'much less' degree of the fishy smell already after a week's use of LadyBalance. 28 per cent have experienced 'less' smell. Totally, 90 per cent of the users facing problems related to the fishy smell experienced a reduction in the fishy smelling discharge after using LadyBalance for a week. Among users who have not mentioned fishy smelling discharge as the reason for purchasing LadyBalance 12 per cent have experienced 'much less' and 9 per cent have experienced 'less' fishy smell. One per cent of all users has experienced 'more' fishy smell while zero per cent has experienced 'much more' fishy smell.

**Table 6. Effect experienced on discharge with a fishy smell after one week's use according to whether the users indicated this particular problem as their reason for purchasing LadyBalance (Percentage)**

	Much less	Less	No difference	More	Much more	Do not know	Total per cent	Total number
Did not have the problem	12	9	18	1	0	60	100	212
Had the problem	62	28	6	1	0	3	100	496
Totally	47	22	10	1	0	21	100	708

Table 7 shows the effect on discharge with a fishy smell after using LadyBalance for one month, and Table 8 shows the effect after using it for one year. As shown in Table 7, 63 per cent of the users with the problem experienced 'much less' discharge with a fishy smell and 28 per cent

experienced 'less' discharge with a fishy smell. Again, only one per cent experienced that the problem of discharge with a fishy smell is 'more' pronounced, and none experienced 'much more' of this. The results after one month's use are very similar to those after one week's use.

As seen in Table 8, slightly fewer users experienced 'less' or 'much less' discharge with a fishy smell after using the product for one year. However, not a large part of the users experienced 'more' or 'much more' discharge with a fishy smell, the difference being due to the fact that more users have answered 'no difference' or 'do not know'.

**Table 7. Effect experienced on discharge with a fishy smell after one month's use distributed according to whether the users indicated this particular problem as their reason for purchasing LadyBalance (Percentage)**

	Much less	Less	No difference	More	Much more	Do not know	Total per cent	Total number
Did not have the problem	15	12	24	0	0	49	100	132
Had the problem	63	28	6	1	0	2	100	399
Total	51	24	11	1	0	14	100	531

**Table 8. Effect experienced on discharge with a fishy smell after one year's use distributed according to whether the users indicated that this particular problem was their reason for purchasing LadyBalance (Percentage)**

	Much less	Less	No difference	More	Much more	Do not know	Total per cent	Total number
Did not have the problem	21	9	15	0	0	56	100	68
Had the problem	57	25	11	0	0	7	100	256
Total	49	22	11	0	0	17	100	324

### **Effect on Discharge with a Neutral Smell**

There are 119 users who have problems with discharge with a neutral smell and have indicated that this particular problem is their reason for using LadyBalance. Among these users 39 per cent experienced that the amount of discharge was 'much less' after using LadyBalance for a week. 41 per cent experienced that it was 'less' while 10 per cent did not experience any difference; 2 per cent experienced 'more' and another 2 per cent experienced 'much more' discharge with a neutral smell. Thus, a total of 81 per cent of the users with the problem have experienced an improvement and this is also the case for 27 per cent of the users who did not have this problem as the reason for purchasing LadyBalance. However, there are a few users who have experienced 'more' discharge with a neutral smell. This is elaborated in the description of the side-effects experienced.

**Table 9. Effect experienced on discharge with a neutral smell after one week's use distributed according to whether the users indicated this particular problem as their reason for using LadyBalance (Percentage)**

	Much less	Less	No difference	More	Much more	Do not know	Total per cent	Total number
Did not have the problem	10	17	30	5	2	36	100	589
Had the problem	39	42	10	2	2	6	100	119
Total	15	21	27	5	2	31	100	708

As seen in Table 10 and 11, 89 per cent of the users with the problem of discharge with a neutral smell experienced that the discharge became 'less' or 'much less' after using the product for one month, and 78 per cent of the users experienced this after using it for a year. Thus, many users experienced some effect after one week, one month or one year. It must be emphasised that only half of the users have applied LadyBalance for one year or more and the percentages for the three periods cannot be used to evaluate short-term contra long-term effects. Among the users who did not purchase LadyBalance due to problems related to discharge with a neutral smell, 31 per cent experienced that the occurrence of the problem is 'less' or 'much less'. Respectively, 28 and 31 per cent of the users experienced 'no difference' after one month or one year, and 5-6 per cent experienced that the occurrence of the problem is 'more' or 'much more'.

**Table 10. Effects experienced on discharge with a neutral smell after one month's use distributed according to whether the users indicated this particular problem as their reason for using LadyBalance (Percentage)**

	Much less	Less	No difference	More	Much more	Do not know	Total per cent	Total number
Did not have the problem	12	19	36	4	3	26	100	426
Had the problem	52	37	6	0	0	5	100	83
Total	19	22	31	4	2	23	100	509

**Table 11. Effects experienced on discharge med a neutral smell after one year's use distributed according to whether the users indicated this particular problem as their reason for using LadyBalance (Percentage)**

	Much less	Less	No difference	More	Much more	Do not know	Total per cent	Total number
Did not have the problem	12	19	31	4	3	31	100	271
Had the problem	48	30	10	0	0	13	100	40
Total	17	21	28	3	2	29	100	311

### Effect on Itching and Smarting

Some users have purchased LadyBalance to remedy itching or smarting in the vaginal area. Among these users 43 per cent experienced that the problem became 'much less' after using the product for one week and 40 per cent experienced that it became 'less'. Thus, 83 per cent of the users experienced that problems with itching or smarting decrease after using LadyBalance for one week. 9 per cent of the users with the problem experienced 'no difference' while one per cent experienced that the problem became 'more' intense and 2 per cent experienced it as 'much more'. Among users who had not indicated itching or smarting as a reason for purchasing LadyBalance 25 per cent experienced that the problem with smarting and itching became 'much less' or 'less' intense after using the product for a week. 31 per cent of the users who did not have the problem experienced 'no difference', while one per cent experienced that the problem with smarting or itching became 'much more' intense.

**Table 12. Effects experienced on itching or smarting after one week's use distributed according to whether the users indicated this particular problem as their reason for using LadyBalance (Percentage)**

	Much less	Less	No difference	More	Much more	Do not know	Total per cent	Total number
Did not have the problem	10	15	31	0	1	43	100	455
Had the problem	43	40	9	1	2	6	100	253
Total	22	23	23	1	1	30	100	708

Tables 13 and 14 show the same tendency as in Table 12. Thus, there are 88 and 79 per cent of the users who, having bought LadyBalance for relief from itching or smarting, had experienced that the problem is 'much less' or 'less' after using it for one month and for one year, respectively. Among users who had not indicated itching or smarting as the reason for purchasing LadyBalance 30 per cent experienced improvement after one month and 27 per cent after using it for one year. There are 2 per cent who had experienced itching/smarting to have been 'more' or 'much more' after one month's use, while this was only the case for one per cent of the users after one year. The

explanation for this decrease could probably be that users who experienced a significant aggravation of their problems with regard to itching/smartering discontinued the use of the product for a month or a year. However, the majority of the users who had itching or smartering before the application of LadyBalance experienced a reduction of the problem by using LadyBalance.

**Table 13. Effects experienced on itching/smartering after one month's use distributed according to whether the users indicated this particular problem as their reason for using LadyBalance (Percentage)**

	Much less	Less	No difference	More	Much more	Do not know	Total per cent	Total number
Did not have the problem	13	17	38	0	1	31	100	319
Had the problem	49	39	8	1	1	3	100	184
Total	26	25	27	1	1	21	100	503

**Table 14. Effect experienced on itching/smartering after one year's use distributed according to whether the users indicated this particular problem as their reason for using LadyBalance (Percentage)**

	Much less	Less	No difference	More	Much more	Do not know	Total per cent	Total number
Did not have the problem	16	11	35	0	1	37	100	206
Had the problem	52	27	10	0	0	11	100	110
Total	28	17	27	0	1	28	100	316

## Dryness

Similarly, with regard to dryness the users who indicated this problem to be their reason for purchasing LadyBalance had experienced to a greater extent that the product reduced the problem. The difference is probably due to the fact that fewer users who had bought LadyBalance for other reasons also had the problem of dryness. For the users who purchased LadyBalance to combat dryness, 76 per cent experienced that the problem occurred 'less' or 'much less' after using LadyBalance for one week. Among users who did not have this problem as the reason for purchasing LadyBalance 18 per cent experienced that their discomfort with dryness improved considerably after using it for a week. One per cent of all users had experienced that their problems with dryness had become 'more' prominent after one week's use. Thus, a large part of the users experienced an improvement in their problems related to dryness after using LadyBalance for one week.

**Table 15. Effects experienced on dryness after one week's use distributed according to whether the users indicated this particular problem as their reason for using LadyBalance (Percentage)**

	Much less	Less	No difference	More	Much more	Do not know	Total per cent	Total number
Did not have the problem	7	11	33	1	1	47	100	600
Had the problem	40	36	14	1	0	9	100	108
Total	12	15	30	1	0	41	100	708

A similar picture is seen in Table 16 and 17 after using the product for one month and one year, in which 76 and 74 per cent of the users, respectively, who, having purchased LadyBalance due to problems regarding dryness, did experience an improvement.

**Table 16. Effects experienced on dryness after one month's use distributed according to whether the users indicated this particular problem as their reason for using LadyBalance (Percentage)**

	Much less	Less	No difference	More	Much more	Do not know	Total per cent	Total number
Did not have the problem	11	11	43	1	1	33	100	410
Had the problem	40	36	21	0	0	3	100	75
Total	16	15	39	1	1	29	100	485

**Table 17. Effects experienced on dryness after one year's use distributed according to whether the users indicated this particular problem as their reason for using LadyBalance (Percentage)**

	Much less	Less	No difference	More	Much more	Do not know	Total per cent	Total number
Did not have the problem	12	8	38	0	1	41	100	261
Had the problem	50	24	10	0	0	17	100	42
Total	18	10	34	0	1	38	100	303

### Lack of Sexual Desire

Tables 18 to 20 show the effect of LadyBalance on sexual desire among the users after one week, one month and one year, respectively. The Tables show that only 1-2 per cent experienced that their

lack of sexual desire had been 'more' or 'much more'. Most users did not notice any difference in their sexual desire by using LadyBalance. Among the few users who indicated the lack of sexual desire as their reason for using LadyBalance, approximately one half of them experienced that the problem was 'less' or 'much less', while the other half did not notice any difference. Only 16 users had indicated that lack of sexual desire was their reason for using LadyBalance.

**Table 18. Effects experienced on lack of sexual desire after one week's use distributed according to whether the users indicated this particular problem as their reason for using LadyBalance (Percentage)**

	Much less	Less	No difference	More	Much more	Do not know	Total per cent	Total number
Did not have the problem	4	4	41	1	1	50	100	692
Had the problem	13	38	50	0	0	0	100	16
Total	4	5	41	1	1	49	100	708

**Table 19. Experienced effect on lack of sexual desire after one month's use distributed according to whether the users indicated this particular problem as their reason for using LadyBalance (Percentage)**

	Much less	Less	No difference	More	Much more	Do not know	Total per cent	Total number
Did not have the problem	6	4	52	1	0	36	100	461
Had the problem	14	29	50	0	0	7	100	14
Total	7	5	52	1	0	36	100	475

**Table 20. Experienced effect on lack of sexual desire after one year's use distributed according to whether the users indicated this particular problem as their reason for using LadyBalance (Percentage)**

	Much less	Less	No difference	More	Much more	Do not know	Total per cent	Total number
Did not have the problem	7	5	43	0	1	45	100	294
Had the problem	10	60	20	0	0	1	100	10
Total	7	7	42	0	1	43	100	304

## Lack of Sexual Endurance

Only five users had indicated lack of sexual endurance as the reason for using LadyBalance, therefore, it is difficult to generalise from these answers. Taking all the users into consideration most of them experienced no effect on sexual endurance from using LadyBalance. However, 5-6 per cent had experienced that their problem regarding lack of sexual endurance became 'less' or 'much less' by using LadyBalance, while one per cent found that the problem occurred 'more'.

**Table 21. Effects experienced on lack of sexual endurance after one week's use distributed according to whether the users indicated this particular problem as their reason for using LadyBalance (Percentage)**

	Much less	Less	No difference	More	Much more	Do not know	Total per cent	Total number
Did not have the problem	3	3	41	1	0	51	100	703
Had the problem	0	20	40	0	20	20	100	5
Total	3	3	41	1	0	51	100	708

**Table 22. Effects experienced on lack of sexual endurance after one month's use distributed according to whether the users indicated this particular problem as their reason for using LadyBalance (Percentage)**

	Much less	Less	No difference	More	Much more	Do not know	Have used LadyBalance for less than one month	Total per cent	Total number
Did not have the problem	4	3	35	1	0	26	32	100	693
Had the problem	20	0	60	0	0	20	0	100	5
Total	4	2	35	1	0	26	32	100	698

**Table 23. Effects experienced on lack of sexual endurance after one year's use distributed according to whether the users indicated this particular problem as their reason for using LadyBalance (Percentage)**

	Much less	Less	No difference	More	Much more	Do not know	Have used LadyBalance for less than one year	Total per cent	Total number
Did not have the problem	3	2	19	0	0	20	56	100	686
Had the problem	20	20	20	0	0	0	40	100	5
Total	3	2	19	0	0	20	56	100	691

## Side-Effects of LadyBalance

In this section the side-effects of LadyBalance experienced by the users is described. Table 24 shows the side-effects experienced by the users after using the product for one week or immediately after a pause. The Table shows that most users had a powdery discharge since 51 per cent 'sometimes' and 26 per cent 'always' experienced this side-effect. Moreover, 22 per cent 'sometimes' and 7 per cent 'always' experienced a discomforting, clear discharge. Contrary to this, 62 per cent 'never' experienced any discomforting, clear discharge. 18 per cent 'sometimes' and 2 per cent 'always' experienced that the tablet slipped out of the vagina.

The other side-effects mentioned in this Table are more seldom. Thus, there are 6 per cent who 'sometimes' experienced itching and 5 per cent who 'sometimes' experienced smarting during the use of LadyBalance. Moreover, 2 per cent 'always' experienced these side-effects. This must be related to the fact that 45 per cent of all users who had experienced these problems with itching or smarting had 'less' or 'much less' after one week's use of LadyBalance, (ref. Table 12).

Furthermore, 7 per cent 'sometimes' and 2 per cent 'always' experienced a smell of yeast, and 6 per cent 'sometimes' and 1 per cent 'always' experienced an increased urge to pee. A few users experienced spot-bleeding and headache in relation to their use of LadyBalance.

**Table 24. Whether the users experienced the following side-effects after the first week's application of LadyBalance or immediately after a pause (Percentage)**

	Never	Sometimes	Always	Do not know	Total per cent	Total number
The tablet slips out of the vagina	76	18	2	4	100	680
Powdery discharge	21	51	26	3	100	680
Discomforting clear discharge	62	22	7	10	100	680
Itching	83	6	2	9	100	680
Smarting	84	5	2	9	100	680
Smell of yeast	81	7	2	11	100	680
Increased urge to pee	81	6	1	12	100	680
Spot-bleeding	89	3	1	7	100	680
Headache	87	2	1	11	100	680

Table 25 shows the side effects of LadyBalance after 6 months' application. At first it seemed that a smaller percentage of the users experienced side effects after application for 6 months. Although there are considerably fewer users who applied LadyBalance for 6 months it is probable that those users experiencing side-effects were more likely to discontinue the application. Table 26 shows a comparison of the experienced side-effects after one week's use and after 6 months' use of the users who had applied LadyBalance for 6 months. This would thereby indicate whether there is a reduction of side-effects after continuous use.

**Table 25. Whether the users experienced side-effects after the application of LadyBalance for 6 months (Percentage)**

	Never	Sometimes	Always	Do not know	Total per cent	Total number
The tablet slips out of the vagina	78	17	1	5	100	390
Powdery discharge	25	52	19	4	100	392
Discomforting clear discharge	69	21	4	6	100	388
Itching	87	4	1	8	100	387
Smarting	88	4	1	7	100	387
Smell of yeast	84	8	1	7	100	386
Increased urge to pee	86	5	1	8	100	383
Spot-bleeding	91	3	0	6	100	389
Headache	91	1	1	8	100	385

Table 26 shows a tendency towards some side-effects being reduced by continuous application of LadyBalance. Specifically in the cases of powdery discharge and discomforting, clear discharge fewer users experienced these side-effects after a longer period of continuous application. Thus, there are respectively 6.3 and 6.4 percentage points more users who had 'never' experienced these side-effects after 6 months. There is also a tendency towards more users who 'never' had the side-effects of itching (1.1 percentage point more), smarting (1.4 percentage points more), increased urge to pee (1.9 percentage points more) and headaches (1.1 percentage point more) after the application of LadyBalance for 6 months than after one week. However, only very few users have experienced these discomforts and the results show great uncertainty.

Users of LadyBalance had the option of reporting other side-effects under "Comments" in the questionnaire. The primary side-effect mentioned here is powdery discharge. One person mentions worsening of a fungal infection. This means that no other side-effects than those already included in the questionnaire have been mentioned, and, it can thus be concluded that the side-effects described are those experienced by the users of LadyBalance.

**Table 26. A comparison of the experienced side-effects after one week's use and after 6 months' use for users who have applied LadyBalance for 6 months or more (Percentage)**

	After 1 week's use	After 6 months' use	Difference
The tablet slips out of the vagina			
- Never	82.3	81.4	-0.9
- Sometimes	16.1	17.2	1.1
- Always	0.8	0.8	0
- Do not know	0.8	0.6	-0.2
Powdery discharge			
- Never	20.8	27.1	6.3
- Sometimes	57.1	54.3	-2.8
- Always	21.9	18.6	-3.3
- Do not know	0	0	0
Discomforting clear discharge			
- Never	66.5	72.9	6.4
- Sometimes	24.4	21.6	-2.8
- Always	5.5	3.6	-1.9
- Do not know	3.6	1.9	-1.7
Itching			
- Never	90.3	91.4	1.1
- Sometimes	4.2	3.9	-0.3
- Always	1.1	1.1	0
- Do not know	4.4	3.6	-0.8
Smarting			
- Never	91.4	92.8	1.4
- Sometimes	4.4	3.6	-0.8
- Always	1.4	1.1	-0.3
- Do not know	2.8	2.5	-0.3
Smell of yeast			
- Never	87.8	87.8	0
- Sometimes	8.6	8.3	-0.3
- Always	1.1	0.8	-0.3
- Do not know	2.5	3.0	0.5
Increased urge to pee			
- Never	88.1	90.0	1.9
- Sometimes	6.1	5.5	-0.6
- Always	0.8	0.6	-0.2
- Do not know	5.0	3.9	-1.1
Spot-bleeding			
- Never	94.2	94.2	0
- Sometimes	2.8	3.0	0.2
- Always	0.6	0.3	-0.3
- Do not know	2.5	2.5	0
Headache			
- Never	93.6	94.7	1.1
- Sometimes	1.4	1.4	0
- Always	0.8	0.6	-0.2
- Do not know	4.2	3.3	-0.9

N = 361

## Conclusion

Based on the survey of users of LadyBalance it can be concluded that the majority of the users experienced that their discomforts relating to discharge with a fishy smell, discharge with a neutral smell, itching/smarting and dryness improved by the application of LadyBalance for just one week. 73 per cent of the users purchased LadyBalance due to discharge with a fishy smell and 90 per cent of these experienced an improvement of the problem after one week's application. Among users who had the problem of a neutral-smelling discharge 81 per cent experienced an improvement within one week. 83 per cent of the users, who bought LadyBalance for the purpose of relief from the discomforts of itching or smarting, experienced that there was less discomfort after one week's application. A minority of the users purchased LadyBalance to improve their problems pertaining to dryness (16 pct.), but among these 76 per cent have experienced an improvement of the problem after applying LadyBalance for one week. Only a few users have applied LadyBalance to improve sexual desire and sexual endurance and it is seen that less than 10 per cent of all users experienced an improvement in this field.

Only a very small part of the users experienced a worsening of their problems by the application of LadyBalance. It is found that only 1-2 per cent experienced an aggravation of the afore-mentioned problems by using LadyBalance. However, 7 per cent experienced that the problem of discharge with a neutral smell worsened by applying LadyBalance. When questioned about side-effects 29 per cent of the users experienced that they 'sometimes' or 'always' had a discomforting clear discharge by using LadyBalance. Another side-effect experienced by many women is a powdery discharge. Furthermore, an even smaller part (3-9 pct.) experienced side-effects in the form of itching, smarting, smell of yeast, increased urge to pee, spot-bleeding and headache. There is a tendency that some of these side-effects are slightly reduced by the application of LadyBalance for a longer time.